



Whether you're working over the Easter break or taking some time off after a challenging few weeks, we're still here to provide support to you, children and their families.

Our second **#OnlineSafetyAtHome** pack is now available for you to share with parents and carers. These include new activities for:

- [ThinkuknowEarlyYears](#) for 4 and 5 year olds.
- [Thinkuknow5to7s](#) for 5 to 7 year olds.
- [Thinkuknow8to10s](#) for 8 to 10 year olds.

### **Our parents and carers survey**

Our [new short survey](#) is there to help us better understand the challenges parents face and how we can support them.

We'll keep this survey open for the next few months, and it can be taken multiple times should you want to share how your experiences change.

### **Dealing with COVID-19: new articles for parents and carers**

To help families through lockdown and social distancing, new articles on [Parent Info](#) tackle some of the key issues they are experiencing, including:

- [Separated parents managing arrangements to see their child](#)
- [Supporting teens to cope with lockdown](#)
- [Looking after their mental health while stuck indoors](#)
- [Starting difficult conversations about COVID-19 with their child](#)



# JESSIE & FRIENDS



New online safety education  
for 4-7 year olds

[www.thinkuknow.co.uk](http://www.thinkuknow.co.uk)

