

# St Lawrence CE Primary



## NEWSLETTER

Friday 4th February 2022



*'Being the best we can be, because with God all things are possible'*

Dear Parents,

It really does feel like Spring is on its way this week and it been lovely having more daylight over the last few weeks or so.

### Governing Body News

This week we want to share with you some news about our governing body. Paul Evans, has taken the decision to step down as Chair for the Federation and as a governor overall in the coming months. Paul has been on the governing body for 10 years, first as a governor at St. Lawrence and more recently as the Chair for the Federation. Paul has played a key part in school improvement for both schools and we thank him whole heartedly for the support and dedication over the years. Following our full governors meeting this week, Lynne Law was appointed as our new Chair. Lynne is a recently retired CEO of a 3 school federation/academy and brings a wealth of experience from education to the position. We welcome Lynne to the Federation and look forward to working with her.



### Safer Internet Day

This year the theme of Safer Internet Day was **'All fun and games?'** which was exploring respectful and healthy relationships online. In our technological world games and apps are part of children's culture and we all know that children enjoy spending time online communicating with their friends. It is

important that you know what the apps are and how your child can be protected from any online abuse. Websites like [Common Sense Media](#) or [The Family Gaming Database](#) can be invaluable sources of information. When your child starts talking about a new game or app, why not do some research into the reporting and blocking options available? Then you can help your child if they come to you with an issue.

### Valentine's Cake Sale

We would like to say a huge 'thank you' for your generosity yesterday at our Valentine Cake Sale. We were overwhelmed with donations of cakes and biscuits and the sale was a huge success so thank you to all of you who came along to buy. We raised a staggering £164.50 which will be using to help enhance our outside environment and purchase more bark for the Jungle Gym so that it will be up and running during the Summer Term.





## Mental Health Week

This week has been Children's Mental Health Week and the theme for the week this year is **'Growing Together.'** On Tuesday Mrs Standish (Mental Health Lead), led an assembly on the importance of looking after your own mental health and things that we can all do to maintain good mental health. such as regular exercise, being outdoors, being with friends, getting enough sleep and making time for hobbies amongst some of them.



### HOW TO NURTURE A CHILD'S MENTAL HEALTH



Actively listen before offering your advice



Be patient



Share your feelings and validate theirs



Surround them with healthy adult



Teach them how to be safe



Reach out for hugs



Practice relaxation exercise together



Have schedule family time



Model Forgiveness



Respond calmly when their emotions are elevated



Tell the truth



Believe in them

Our St. Lawrence Safety Squad asked the children how we can all grow at St Lawrence by supporting and helping each other. The children also learnt that it is 'ok not to be ok' and about the importance of talking to others. The

following website has tips, ideas and resources for parents at home if this wish to explore this further:

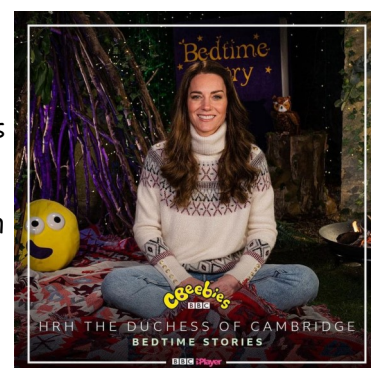
[Children's Mental Health Week \(childrensmentalhealthweek.org.uk\)](https://childrensmentalhealthweek.org.uk)

## Will you be watching?

The Duchess of Cambridge, is set to read a CBeebies Bedtime Story to mark Children's Mental Health Week!

The Owl Who Was Afraid of the Dark will air at 6.50pm, 13th Feb!

[#CBeebiesBedtimeStories](https://www.cbeebies.com/bedtime-stories)





### A message from Mrs Nash

It was a pleasure to spend some time in school again this week. The children are a credit to you all and I am impressed with how hard they are all working. It is exciting to see the new learning taking place and how happy the children are to be doing more 'normal' school things, like swimming.

Over the coming weeks, I will be able to spend time in the classrooms with the children and can't wait to see what they can teach me. I am also looking forward to seeing many of you soon for drop off or collection time.

With best wishes for a peaceful weekend. Mrs Nash.

## Achievements beyond the classroom



Faith passed her Stage 1 in swimming last Saturday.

Well done Faith!



# Celebrating Success this week!

## AWARDS THIS WEEK GO TO....



### St. Lawrence Values Award

Our St. Lawrence Values Award is an award nominated by the pupils and teachers to reflect the school's values represented in the 'St. Lawrence Way'.

This week Class 2 awarded **Graciella** for looking after Class 1 so wonderfully at playtimes.

### Head Teacher Award

**Olly M** - For being a mathematical whizz and showing us all how quick things can be done!

### Class One

**Harrison** - talking more confidently in class.

### Class Two

**Darci**— working really hard in all lessons.

**Soraya**—showing wonderful learning behaviour.

### Class Three

**Harry**—for excellent swimming this week.

**Amelia** - for excellent behaviour all week and for moving up in swimming.

### Class Four

**Darcey** - Fantastic resilience and effort in maths

**Angelica** - Fantastic resilience and effort in maths



### House point winners

This week the winning house is **St Andrew's** with a staggering **110** points.

Well done to **Daisy-Mae** the House Captain and everyone who is a member of this house.

HOUSE NAME	POINTS THIS WEEK	POINTS IN TOTAL
<b>St David</b>	71	1150
<b>St Patrick</b>	87	1154
<b>St Andrew</b>	110	1461
<b>St George</b>	92	1286



# Cash For Schools 2022



WIN A SHARE OF £12,000!

Thousands of pounds up for grabs in our  
Cash for Schools competition.

All schools who enter will be showcased in a special Cash for Schools supplement that will appear in the **Shropshire Star on Thursday, March 3, 2022**, which will signal the start of the token collect campaign.

All parents, children and teachers have to do is collect as many tokens as possible that will appear every day in the Shropshire Star from **Thursday, March 3, 2022 to Saturday, April 2, 2022**.

## £12,000 prize pot breakdown

The best bit is that every school has an equal chance of winning. The prizes will be awarded based on the schools that have collected the most tokens per pupil from Reception to Year 6 – so smaller schools have the same chance as larger ones.

For example, a small school with 50 pupils that collects 400 tokens would win when compared to a bigger school with 400 pupils that collects 800 tokens.

Five schools with the most tokens collected per pupil will have the chance to walk away with a cash prize and win a share of the £12,000 prize pot.

The first placed school with the most tokens collected per pupil will scoop a whopping **£5,000**, followed by **£3,000** for second, **£2,000** for third and then two **£1,000** awards, which will be presented to the fourth and fifth place schools



SPONSORED BY



## Shropshire Star

Let your family and neighbours know  
we have entered Cash for Schools  
and collect as many tokens from the  
Shropshire Star as you can.

Thank you for your support