

V Vegetarian  
Ve Vegan  
H Halal

# Week 1

# Week 2

# Week 3

## Monday

**Pizza Bar – Cheese and Tomato Pizza** with a Selection of Toppings on a Thin Crust Base **Ham, Pineapple V, Peppers V, Mushrooms V, Sliced Onions V**

Crispy Sliced Potatoes, Sweetcorn, Garden Peas, **Sweetcorn**, Seasonal Salad Selection, Bread Selection

Strawberry Mouse

## Tuesday

**Pork Sausage with a Rich and Tasty Gravy** Farm Assured Pork Sausage

Vegetarian Sausage with a Rich and Tasty Gravy **V**

Creamed Potato, Farmhouse Vegetables, Seasonal Salad Selection, Bread Selection

Iced Sponge with Custard

## Wednesday

**Traditional Roast with a Rich and Tasty Gravy** Farm Assured Sliced Meat

**Vegetable and Mixed Bean Parcel** Mixed Beans and Roasted Vegetables encased in Puff Pastry **V**

Roast Potatoes, Creamed Potato, Broccoli, Carrots, Cabbage, Cauliflower, Seasonal Salad Selection, Bread Selection

Fruit Muffin Selection

## Thursday

**Chicken Dunkers** Farm Assured Chicken Strips in Breadcrumbs served with a Chef's Curry or Tomato Sauce

**Quorn Dunkers** Quorn pieces in a Light Batter **V**

Boiled Rice, Sweetcorn, Broccoli, Seasonal Salad Bar, Bread Selection, Garlic Bread

Jam Tart with Custard

## Friday

**Battered Fillet of Fish** Fillet of Fish Coated in a Crispy Batter or Salmon Fishcake

**Vegetable Nuggets** **V**

Chips, Couscous, Baked Beans, Garden Peas, Seasonal Salad Bar, **Garden Peas**, Bread Selection

Biscuit Selection

## Monday

**Gluten Free Pork Meatballs** Pork Meatballs served with a Rich Tomato Sauce or Gravy

**Vegetable and Quorn Pasta Bake** Roast Vegetables, Minced Quorn and Pasta Twists in a Rich Tomato Sauce topped with Cheese **V**

Spaghetti, Carrots, Broccoli, Seasonal Salad Selection, Bread Selection

Fruit Muffin Selection

## Tuesday

**Big Breakfast – Farm Assured** Pork Sausage, Bacon, Free Range Scrambled Egg

Vegetarian Sausage, Free Range Scrambled Egg **V**

Potato Smiles, Baked Beans, **Garden Peas**, Seasonal Salad Selection, Bread Selection

Fruit Topped Cheesecake

## Wednesday

**Traditional Roast with Rich and Tasty Gravy** Farm Assured Sliced Meat

**Vegetable and Mixed Bean Parcel** Roast Vegetables and Mixed Beans encased in Puff Pastry **V**

Roast Potatoes, Creamed Potato, Cabbage, Carrots, Cauliflower, Seasonal Salad Selection, Bread Selection

Chocolate Sponge and Chocolate Sauce

## Thursday

**Chicken Curry** Farm Assured diced Chicken in a Chef's Curry Sauce

**Crispy Garlic Bake** Sliced potatoes layered with a Creamy Garlic Sauce **V**

**Boiled Rice, Broccoli, Sweetcorn, Seasonal Salad Selection, Bread Selection, Naan Bread**

Fruity Flapjack



**eatwell**

The Eatwell project supports the Let's Dine ethos by cooking healthy, simple ingredients with the children.

## Friday

**Battered Fillet of Fish** White Fish Fillet coated in a light Batter or Salmon Fishcake

**Cheese and Potato Pie** Creamed Potato with grated Cheese in a **shortcrust** Pastry base topped with sliced Tomatoes **V**

Chips, Couscous, Garden Peas, Baked Beans, Seasonal Salad Selection, Bread Selection

**Ice Cream**

## Monday

**Beef Burger** served with Onions in a Soft Bag

**Quorn Burger** served with Onions in a Soft Bag **V**

**Diced Herby Potatoes, Sweetcorn, Peas, Seasonal Salad Selection, Bread Selection**

Strawberry or Chocolate Mousse

## Tuesday

**Big Breakfast** Farm Assured Pork Sausage, Bacon, Free Range Scrambled Egg

Vegetarian Sausage, Free Range Scrambled Egg **V**

Potato Smiles, Baked Beans, Plum Tomatoes, Mushrooms, Seasonal Salad Selection, Bread Selection

Muffin Selection

## Wednesday

**Traditional Roast with Rich and Tasty Gravy** Farm Assured Sliced Meat

**Quorn and Vegetable Parcel** Diced Quorn and Roast Vegetables encased in Puff Pastry **V**

Roast Potatoes, Creamed Potato, Cauliflower, Green Beans, Carrots, Seasonal Salad Selection, Bread Selection

Fruit Crumble and Custard

## Thursday

**Beef Bolognese** Farm Assured Minced Beef in with a Rich Tomato Sauce

**Macaroni Cheese** Macaroni Pasta oven baked in a Cheesy Sauce topped with Grated Cheese **V**

Pasta Twists, Broccoli, Carrots, Seasonal Salad Selection, Bread Selection

Iced Chocolate Sponge

## Friday

**Battered Fillet of Fish** White Fillet coated in a light Batter or Salmon Fishcake

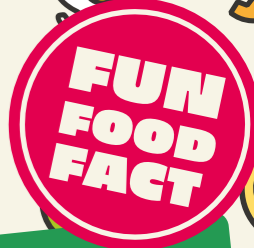
**Mixed Bean Pasta Bake** Mixed Beans with Pasta Twists baked in a Rich Tomato Sauce **V**

Chips, Lemon Couscous, Baked Beans, Garden Peas, Seasonal Salad Selection, Bread Selection

Biscuit Selection



**Lemons float, but limes sink... and ripe cranberries bounce like rubber balls.**



**RHUBARB GROWS SO QUICKLY THAT YOU CAN HEAR IT.**

Fresh Fruit available daily. Cheese and Crackers available Monday, Wednesday and Friday. Individual Yoghurts available Tuesday and Thursday. All items subject to availability.