A picture containing text, room, sign, gambling house

Description automatically generated

**Mind*talk***

**TIBBERTON & St LAWRENCE CE PRIMARY SCHOOLS**

Be Kind To Your Mind **Autumn Edition**

A puzzle with text on it

AI-generated content may be incorrect.A screenshot of a phone

AI-generated content may be incorrect.A group of people sitting in chairs

AI-generated content may be incorrect.A poster of a self-care and mental health

AI-generated content may be incorrect.A poster with a couple of people and text

AI-generated content may be incorrect.A poster for a social media campaign

AI-generated content may be incorrect. A black text on a white background

Description automatically generated